How Does It Work?

Initial phone call to EAP

Meet with counselor for assessment session/s (typically, 1-2 sessions)

Intake Call

Needs Assessment



Develop Problem Resolution Plan

Based on detailed assessment for which shortterm therapy recommended, go forward with additional sessions under EAP model.



Short-Term
Solution- Focused
Counseling



Based on detailed assessment for which issue determined to be long-term, referred out of EAP for therapy and/or appropriate resources.

Referral to Appropriate Resource(s)

